



PORTAL RESCUE NEWS

January 2013

Portal Rescue, Inc., P.O. Box 16331, Portal, AZ 85632

Tel: (520) 558-2206; Emergency Calls Only: 911

www.Portalrescue.com

President's Report

Jerry Racicot

As I sit here and reflect on what Portal Rescue accomplished in 2012, I keep returning to a story Delane Blondeau told about Bob Morse and the origins of Portal Rescue. It was an inspiring story of the work it took to build a rescue organization from a barrel to a complete fire department. It took untold patience, sacrifice, and persistence to make Portal Rescue what it is today.

Portal Rescue consists of 34 volunteers: 14 EMTs, 13 Firemen, 11 Radio Communication Officers, and seven Board members. Each one of these volunteers willingly gives their valuable time to provide fire protection and emergency medical service to our large service area. Our department is funded solely by donations and fundraisers held throughout the year. Many wonderful people invest tremendous effort to supply the department's needs.

But, back to Delane's story. It impressed me when she said every little improvement or piece of equipment donated was a source of great joy. It's important we do not lose sight of the effort made to get us here, with our generous buildings and equipment. As we look to our goals for the New Year, we must remember to be good stewards of what the community has entrusted to us.

In 2012, Portal Rescue added eight new EMTs, two of whom are also new firemen. We also hosted 19 participants, many of whom are current members, in the Cochise County Sheriff's Department Search and Rescue class. Our goal is to continue to provide

high quality emergency medical services and fire protection to our area. The EMS department will be adding new equipment to outlying members so we can provide faster care for cardiac emergencies. The fire department will continue to train and be ready for any fire the may affect the area.

Our community members make up our department. If there are not enough trained members to utilize all of the wonderful equipment the department has, our mission is in vain. I ask you, dig deep and consider volunteering to any degree you feel comfortable. We need everything from greeters at the soup kitchen to new EMTs. The Portal area is filled with amazing array of talent. Won't you consider sharing some of that talent with our community?

I want to thank all the members of Portal Rescue and their families for the hard work they invest in our department. I also want to thank all the donors and volunteers who provide for Portal Rescue's financial needs. I look forward to seeing the enthusiasm that built our department from an idea, so long ago, return in 2013.



Table of Contents on Page 7.

Fire Chief's Report

David Newton

It was a quiet year for the fire side of Portal Rescue. One wildfire in the backyard of a Cave Creek resident and one homeowner's burn barrel that spread to adjacent materials and burnt items within an adjacent Quonset hut. Both fires occurred within a period of two weeks during March and April. Fire Season occurs early here.

Here is a summary of our activities:

Local training: 12,000 gallon water transfer exercise, air chisel, backfiring Fusee use, wildland refresher, portable pump drafting and progressive hose lay exercise, pumpkin drafting, deck gun exercise with and without foam, temporary traffic control and risk mitigation, sand table exercises, joint training with Rodeo Fire Department, multiple frequency radio use exercise, use of "Porto-power" hydraulic jack, compressed air foam practice.

The Cochise County Sheriff's department Search and Rescue team presented both a one day overview and a two day Search and Rescue Academy at Portal. One firefighter received training as a Communications Unit Leader (COML) and another took the operations (beginning) level course in Hazardous Materials. Some of our firefighters completed online training in temporary traffic control and in basic National Incident Management System (NIMS) topics.

We had leaks in both of our water tenders this year. Many thanks to Lee Dyal and Dennis McAvoy for repairing them.

My emphasis as Chief will remain firefighter safety. Our firefighters train together once a month and we don't expect everyone to do everything. Give me a call if you'd like details about joining us.

I continue to appreciate the support this community has shown to me personally and toward Portal Rescue.

Fire Fighter Roster

| | |
|------------------|----------------------|
| Rick Beno | David Newton - Chief |
| Shane Burchfield | Jerry Racicot |
| Lee Dyal | Larry Rivers |
| Jeff Gee | Walter Schoepfle |
| Chris Husband | Lance Shultis |
| Ken Joens | Bob Walton |
| David Johnson | |

EMS Chief Report

Jackie Lewis

Well, I guess we can't complain about not having enough calls to keep us on our toes! This was a busy year for all EMTs and the "new" EMTs certainly got a feel of what happens on a call. We had 19 medical, 6 trauma and 3 snake bites for a total of 28 calls.

We hope you're not overwhelmed by the numbers of EMTs that may arrive to aid during your emergency. We averaged 4-5 EMTs per call. While it may seem like too many people to you, it makes taking care of you easier because we can break down the tasks. Each EMT knows what needs to be done and we check with each other to make sure everything that we can do for you IS done.

I'm pleased that everyone is able to work as a team but that individuals will also step into a leadership role as needed. Most EMTs are strong leaders and that can be challenging when one person needs to lead and the rest need to follow. Portal Rescue EMTs have shown that they can fall into each role quite nicely.

During our monthly meetings we review protocols, standing orders and practice with equipment. EMTs are taking turns leading training topics. (You always seem to learn more teaching than being taught!) We also review calls and documentation so we can become more proficient in our patient care.

Vehicle checks are completed twice monthly with a review of equipment and supply lists to make sure everything is in working order. Joe Meenach seems to have magic fingers when it comes to repairing mystery problems on the rescue vehicles.

I thank each EMT for their dedication to you and I thank you for your dedication to Portal Rescue.

EMT Roster

| | |
|----------------------|----------------|
| Susanne Apitz | Joe Meenach |
| ET Collinsworth | Patricia Owens |
| Dinah Davidson | Jerry Racicot |
| Lee Dyal | Stevie Wayman |
| Jeff Gee | Chris Wilbur |
| Jackie Lewis – Chief | John Yerger |
| Donna Meenach | |

“Willing is not enough – we must do.”

Smoke Alarms Save Lives.

Almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms. When there is a fire, smoke spreads fast and you need smoke alarms to give you time to get out.

- Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement. Interconnect all smoke alarms throughout the home. When one sounds, they all sound.
- An ionization smoke alarm is generally more responsive to flaming fires, and a photoelectric smoke alarm is generally more responsive to smoldering fires. For the best protection - both types of alarms or a combination alarm (photoelectric and ionization) should be installed in homes.
- Test alarms at least monthly by pushing the test button.
- Smoke rises; install smoke alarms following manufacturer's instructions high on a wall or on a ceiling. Save manufacturer's instructions for testing and maintenance.
- Replace batteries in all smoke alarms at least once a year. If an alarm "chirps", warning the battery is low, replace the battery right away.
- Replace all smoke alarms, including alarms that use 10-year batteries and hard-wired alarms, when they are 10 years old or sooner if they do not respond properly.
- Be sure the smoke alarm has the label of a recognized testing laboratory.
- Alarms that are hard-wired (and include battery backup) must be installed by a qualified electrician.
- If cooking fumes or steam sets off nuisance alarms, replace the alarm with an alarm that has a "hush" button. A "hush" button will reduce the alarm's sensitivity for a short period of time.

- An ionization alarm with a hush button or a photoelectric alarm should be used if the alarm is within 20 feet of a cooking appliance.
- Smoke alarms that include a recordable voice announcement in addition to the usual alarm sound, may be helpful in waking children through the use of a familiar voice.
- Smoke alarms are available for people who are deaf or hard of hearing. These devices use strobe lights. Vibration devices can be added to these alarms
- Smoke alarms are an important part of a home fire escape plan.

Nation Fire Protection Association (NFPA), "Home Alarm Safety Tips", retrieved 14 Jan 2012.
<http://www.nfpa.org>

Recipes Needed for New Portal Rescue Cookbook



Bring your favorite recipes for soup, bread and desserts to the Soup Kitchen so we can begin compiling the 2014 Portal Rescue Soup Kitchen Cookbook.

Treasurer's Report

Jackie Lewis, Treasurer pro tem

Portal Rescue did not receive significant amount money from fire fighting, however, donations were strong enough to cover the budget and we did not have to dip into savings (Rainy Day Fund). Although income was below budget our expenses were also below budget and we ended the year \$1,599 in the black.

Total Income: \$49,875
Total Expenses: \$48,276

A detailed report will be given at the Annual Meeting on March 20th.

New tables were purchased for the classroom and most of the older tables will be donated to the Sew What Club. We appreciate all that they do to support our functions and fundraisers.

Grants are getting harder to come by and we will need to rely even more on your donations and Soup Kitchen participation to keep from drawing from the savings account.

The Board would like to have minimal draws from the savings account so we have it in case of an emergency. It was agreed upon to make some special purchases during the 2013 fiscal year that may not be covered by donations. We will be purchasing 3 Automatic External Defibrillators (AEDs) to be placed with outlying EMTs. We will also purchase additional radio support as the narrow band requirements are interfering with radio communications.

Your financial support is vital to the functions of Portal Rescue. Thank you for all you give!



Portal Rescue Investments

Bill Wilbur, past President & Treasurer

Recently a Board member was asked why the Board doesn't just place all the donated money in a bank. The Board of Directors has chosen to place sufficient funds into a checking account to cover the years proposed budget. The remainder is then available to invest.

Here is where any investment has to be made responsibly. In a bank account or in a Money Market fund the money earns minimal interest, usually less than one-quarter percent per year.

Then we were asked why the money isn't being used to purchase dividend paying stocks or bonds? The reason is that there is risk involved and State and Federal laws state that a non-profit 501(C)(3) organization has a responsibility to protect the principal with insured investments.

The choice left to us is to invest in guaranteed CD's where the principal is insured and dividends earn between three-quarters to three percent, depending upon the length of investments. These investments are better than Money Market investments but do not pay higher yields where risk is involved.

Further, the Board chooses to spread the investments out, called laddering. This is done for access to smaller amounts of funds should a need arise. And, yes, a small penalty is assessed for cashing in investments early. For the years were the Treasurer has invested in CD's there have been earnings that make the effort of investing worth the trouble.

Editor Resignation & Introduction

Jackie is resigning after 8 years of editing the Portal Rescue Newsletter. It's been fun but is time for someone else to play.

Pat Espenak will be the editor beginning with the 2014 newsletter. She and her husband are part time residents which makes it difficult to take on a regular task. She's thrilled to find something that she can do from wherever she is!

*Newsletter compiled and edited by Jackie Lewis, second edits by Winston Lewis
Printed and folded by Staples, Sierra Vista*

LCES

This note is intended as a glimpse into a concept wildland firefighters use to reduce the risk of our task. Wildland firefighters wear light protective gear that won't burn and allows us to work all day, but provides very little protection against the radiant heat of flames. So it is crucial that we avoid being entrapped by the fire.

One of the basic concepts we use to avoid entrapment was developed 22 years ago and goes by the acronym LCES – Lookouts, Communications, Escape routes, Safety zones. Each of these parts must be known by all firefighters before it is needed.

Lookouts – Will keep us informed about what the fire is doing and when we should retreat. We'll use an experienced person with good fire behavior knowledge and radio skills and a good vantage point. The lookout will sometimes provide periodic weather observations of temperature, humidity, and wind and will be alert for abrupt changes in weather. We won't put a newcomer here and we might need more than one.

Communications – This mostly means radio communications with our supervisor and our lookouts and our adjacent forces. We'll bring extra batteries. We'll need backup plans if for example terrain interferes or if the channel becomes too busy. If we don't have a radio – we'll stick close to someone who does.

Escape routes – Ways to get to the safety zone. We'll want more than one, because our first choice may be cut off. Routes uphill or over rocks or vegetation aren't good. Can we traverse it fast enough? Our trucks aren't as fast over rough roads as our privately owned vehicles. We'll park our vehicles for quick escape.

Safety zones – A place to survive without using the fire shelter we all carry. Frequently we'll use a well burnt area (the "black") for a safety zone. The zone needs to be big enough to keep you at least four flame lengths away from the fire. So if the tall grass has 15 foot flame lengths we'll need a place with 60 feet of unburnable ground around us. If there's wind (likely) it needs to be even bigger.

The tricky thing is that as we and the fire move across the terrain we'll need to be constantly adjusting and rethinking these 4 parts. It can become quite a challenge during the heat and smoke of the moment. So much so that it is a common approach in some fuels to "keep one foot in the black" or to "attack from the black". That way we have to think less about where our escape route and safety zone is - because it's right there with us.

That's it for the glimpse – Here's a link to the originator's document on the subject.
<http://www.wildlandfire.com/docs/gleason/lces.htm>

Portal First Search & Rescue Team

Dinah Davidson

Portal Rescue has occasionally been involved in search and rescue (SAR) for missing or injured persons, though few active members or other local folks have had formal SAR training. With some introductory training, local volunteers might usefully be deployed (indeed, have been deployed) in several specific kinds of situations, e.g.:

- (1) A local community member is suddenly discovered to be missing, or is injured in the back country.
- (2) Prior to any 911 call, a visitor (hiker, camper, naturalist) missing or injured in the back country is reported locally, e.g., to SWRS, the Portal Store, or the USFS Visitor Center.
- (3) County SAR personnel have been notified of a possible missing person and request preliminary checks on vehicles at trailhead, hikers along trails, etc., prior to mobilization of their own resources.

To address introductory training for such occasions, PR EMT and firefighter Lee Dyal organized a short course taught in the PR classroom on November 10 and 11 by four visiting instructors from Cochise County SAR. Thirteen active PR members and seven other community members attended. Presentations covered basic elements of SAR, including interviewing techniques, evaluation of search urgency, patterns in behaviors of lost individuals, statistical details of search outcomes, use of compasses (alone and with maps), and tracking techniques. Instructors brought many years of experience to the class and regaled students with numerous and occasionally unforgettable accounts of searches in which they had participated.

Following up on this after the holidays, nine of the students attended a practice session on January 16. Led by Dinah Davidson, this exercise focused on interviewing techniques and early stages of search organization. Pairs of attendees composed richly detailed missing person scenarios and were then interviewed by other pairs, who attempted to extract

(Continued on Page 7)

I Called 9-1-1 *Carolyn Dearing*

We all know by now that things don't always go as planned. I had a simple, no complications, knee replacement surgery. I went into the hospital on Wednesday morning, had the surgery, and aside from not eating and a little vomiting which was believed to be caused by the after effects of the anesthetic, I was released on Saturday with prescriptions in hand to go home and begin my recovery and therapy program. The prescriptions were filled and I went home. The nausea got worse, I still couldn't eat or drink much and what little I did get down came right back up. By Sunday evening I was heaving so hard and was so dehydrated I was afraid of cardiac arrest. Essentially a call to my doctor in Tucson and a brief chat with a nurse informed me it was a holiday weekend and to go to urgent care or wait until Tuesday. I lost track of time and control and all I could do was cry and heave. Sometime Sunday night I knew I couldn't take it any longer and told my husband to call 9-1-1.

I was certain I was reacting to the prescribed pain medications and knew I couldn't wait until Tuesday and/or face a three and a half hour drive to Tucson. When the EMTs from Portal Rescue began to arrive they couldn't have looked better if they had been wearing golden wings and halos. Thankfully, they weren't dressed that way because I was already feeling a little too close to death's door.

I kept looking at the clock to see what time it was but my brain wasn't registering. I was still able to recognize Dinah Davidson, Donna Meenach, Jackie Lewis, Chris Wilbur and Susanne and Lee Dyal but Joe Meenach was just a familiar face. I doubt I could have named ANY of them at that time. If I have overlooked anyone else who came to my rescue, PLEASE forgive me but I wasn't at my best just then.



My husband and I have always tried to support Portal Rescue in any way we can since our arrival thirteen years ago. I also know that many people who live in the area, even some who have used their emergency services, don't understand the importance of giving their financial and moral support. Portal Fire and Rescue, Inc. do not receive tax funding other than matching grants they have to apply for or for fighting fires on Federal land. Private donations keep Portal Fire and Rescue functioning. Our EMTs do not receive compensation for the emergencies they respond to, they go through long and arduous training and have to keep re-qualifying at given intervals. They do it because they believe in their communities.

Thank you, thank you, thank you. We feel safer living here just knowing you are at the other end of a 9-1-1 telephone call.

Radio Communications Operators

aka: RCOs. RCOs allow more EMTs to be on a call instead of manning a phone and radio. They are a vital link in the 9-1-1 system for Portal Rescue as they coordinate resources requested by the EMTs on scene.

Just like EMTs, they get woke in the middle of the night by a special ring tone and often head out the door pulling on a shoe or shirt sleeve. Even less glamorous when you know they are headed to a dark station and often a cold room to wait for instructions.

We send a big note of appreciation to the RCOs that head to the station when called:

Doug & JoAnn Julian
Gerry Hernbrode

Maya Decker
Don Wadsworth

And those that can assist from home:

Susanne Apitz
Bill Wilbur
Jackie Lewis

Rick Beno
David Newton
Pat Owens

Search & Rescue (cont)

useful information from the ‘reporting individuals’, and also filled in missing person questionnaires. One member of the interviewing pair acted as IC (Incident Commander) and took responsibility for establishing the IPP, taking action to confine the search area, initiating a hasty search, and determining what additional resources should be summoned. Valuable lessons were learned, and many suggestions were offered for revising the standard questionnaire.

Other SAR exercises (e.g., map and compass training) are envisioned for the future and are intended both to polish skills and keep the group’s momentum going. Any group member is welcome to plan and implement such training sessions, and 1 or more members will take the full SAR training in Sierra Vista. All members are encouraged to increase the breadth of their experience by, e.g., hiking, becoming familiar with local maps and geography, and attending community meetings sponsored by Border Patrol.

There’s always room for more. Join us!

How do I know if I’m dehydrated?

Article excerpts from familydoctor.org

Most of us live in a state of dehydration. Here’s how to know if you’re dehydrated.

Symptoms of dehydration include:

| | |
|--|-----------------------|
| Little or no urine, or urine that is darker than usual | |
| Dry mouth | Sleepiness or fatigue |
| Extreme thirst | Headache |
| Confusion | No tears when crying |
| Feeling dizzy or lightheaded | |

Tips for staying hydrated

1. Keep a bottle of water with you during the day.
2. If plain water doesn’t interest you, try adding a slice of lemon or lime to your drink.
3. If you’re going to be exercising, make sure you drink water before, during and after you workout.
4. Start and end your day with a glass of water.
5. When you’re feeling hungry, drink water. The sensation of thirst is often confused with hunger. True hunger will not be satisfied by drinking water.
6. Drink on a schedule if you have trouble remembering to drink water.
7. Drink water when you go to a restaurant.

Decaffeinated beverages, clear juices and broths and jello can also be counted in your daily fluid intake.

Table of Contents

| | |
|--|----------------|
| President’s Report | Page 1 |
| Fire Chief’s Report..... | Page 2 |
| Fire Fighter Roster | Page 2 |
| EMS Chief’s Report | Page 2 |
| EMT Roster..... | Page 2 |
| Smoke Alarms Save Lives..... | Page 3 |
| New Cookbook Coming 2014 | Page 3 |
| Treasurer’s Report..... | Page 4 |
| Portal Rescue Investments..... | Page 4 |
| Editor Resignation and Introduction | |
| | Page 4 |
| LCES..... | Page 5 |
| Portal First Search & Rescue Team | |
| | Page 5 |
| I Called 9-1-1..... | Page 6 |
| Radio Communications Roster | Page 6 |
| Raffle Ticket Order Form | Insert |
| Search & Rescue Continued..... | Page 7 |
| Dehydration Information..... | Page 7 |
| Tribute to Bob Morse..... | Page 8 |
| Tribute to Penny Johnston | Page 8 |
| Donations..... | Page 9 |
| Donations Continued..... | Page 10 |
| Influenza Information | Page 10 |
| Calendar Notices (Soup Kitchen, Meetings) | |
| | Page 11 |
| Donation Form..... | Back |

Bob Morse and Penny Johnston both passed away this year. They were to dedicated volunteers to Portal Rescue. Their legacy will live on in the lives of the people they touched and even those they touched indirectly.

A Tribute to Bob Morse *by Delane Blondeau*

When Bob Morse became an EMT in 1986, he felt we needed a central command since there was no real organization. He wanted a Governing Board to oversee the group. Bob wrote By-laws, organized a committee to be a board and was President for the first few years.

We had no building for the meager supplies we were beginning to accumulate. Bob got an old metal water tank from the Forest Service and the men of the neighborhood laid it on its side, cut a door in it and built shelves and bins for our equipment.

Our first ambulance was a Chevy Blazer that Bob got from the Sheriff's Department. Larry Dever was instrumental in getting us that vehicle. It had been in the gun fight at Miracle Valley and still had bullet holes in it. We were rather proud of those bullet holes - our vehicle had a colorful history.

The men of the community took out the rear seats and put a shelf down the center of the space so we could put a patient on a stretcher in the vehicle. Our equipment was stored below and up on the sides above the shelf. I don't think we ever carried anyone in that make-shift ambulance, but we were ready.

Bob was the Father of the Portal Fire Department. It was his dream as soon as he became an EMT that logically, we needed a fire department to go with it.

He got a group of volunteers – men and women – to train as wild land firefighters. And subsequently, he became their chief.

We acquired – on loan – a white fire truck from the State Land Department. We had no place to garage it and Teddy Troller let us put it in his barn temporarily. That was when Bob got the firehouse fever.

He was sure the neighborhood would finance the building of one. He drew up the plans for a two vehicle fire garage. (This is now the EMS bay.) There began a solicitation for funds and sure enough we got the money to build what Bob had designed.

The building was ordered from an organization in Clovis, New Mexico. When the materials arrived, the neighborhood built it, volunteer labor.

Bob was also responsible for our first radios and emergency alert system. He was the radio man on most EMT and fire calls.

Concerned the interesting story of the origins of Portal Rescue were being forgotten, Bob filled a binder with the History of Portal Rescue and placed it in the Library.

Bob's ideas and determination to see them to fruition were basic to the Portal Rescue organization we have today. We owe much to this man and he certainly deserves our honor.

A Tribute to Penny Johnston *Memories collected by Debbie Galloway and Jeanne Williams*

Penny Johnston and Kay Muma spearheaded the "Locator Project" in 1989. They along with 5 other ladies became the Portal Rescue Auxiliary. The women canvassed the area and obtained data on family name, phone, number and age of children and road directions to the house. The data was entered into a Locator Book to enable EMTs and Firefighters to get to the resident quickly.

In order to collect the data the women drove the back roads everywhere between Skeleton Canyon to the southeast, Rucker Canyon to the southwest and Whitetail Canyon to the northwest. Covering nearly 400 square miles of territory they met many wonderful and sometimes colorful (even scary) people. There were tales to tell but most were kept confidential.

While collecting data, Penny and the other women explained the story of Portal Rescue and solicited funds for the organization.

Besides contributing to Portal Rescue generously herself, Penny made many phone calls during our fundraising drives for the first garage, classroom and fire bay.

She had a beautiful and bounteous garden and often supplied the flower arrangements for table deco-rations at Portal Rescue functions. When she could arrange the flowers because of her health she supplied the flowers and baskets for others to make them.

We'll miss Penny's warm and generous presence in our community.

2012 Donor List
(Continues on Page10)

Steward:

Disney Worldwide Services
Hessler, Bob & Cecelia
Hitchcock Family Foundation
Miller, Barbara & Pete
Sew What Club
Wadsworth, Don & Jean

Benefactor:

Arena, Scott
Chiricahua Desert Museum –
Bob & Sheri Ashley
Dearing, Bob & Carolyn
Hadley, Diana & Peter
Warshall
Irwin, Pi
Jandrey, Fritz & Gayle
Waser, Peter & Mary Sue

Sponsor:

Addison, Bob & Jeanne
Beno, Rick & Vicki
Blondeau, Delane & Rene
Davis, Ann & Ed
Duncan, Thomas
Farmer, Harold & Nancy
Goldfogel, Marv & Janice
Hurd
Lacey, Jon & Mary
Lewis, Winston & Jackie
McClure, Bill & Pat
Meagher, Richard & Lynn
Whiting
Meloy, Bill & Robyn
Nelson, Sherry & Deborah
Galloway
Patton, Mike & Kathy
Peters, Reed/Cave Creek
Ranch
Petersen, Eskild & Susan L
Dalby
Simon, Carol & Howard
Topoff
Squier, O'Leary
VanWie, Paul
Willy, Mary

Patron:

Albert Hopper
Allen, John & Karen
Bammann, Al
Beeaff, Daniel & Dianne
Brenneman, Robert & Maggie
Anderson
Churchill, David & Nina Mae
Clayson, Adam & Tracy
Cunningham, Doug & Paula
Cyr, Michael & Jesse
Encinas, Ed & Patricia
Friedrichsen, Terry R.
Furman, Elise & Roy
Greenwade, Cheri & Thomas
Hardy, David & Billie
Hernbrode, Gerry
Hucks, Robert & Ruth
Jankowski, Mark & Diane
Jarosak, Peter
Julian, Doug & JoAnn
Lee, Dave
Mendez, Joy and Ray
Morris, Anne & Joe
Morrow, Roy & Margaret
Muma, Pamela & Leslie
Newton, Jack & Alice
Paizis, Nickolas
Pearce, Stanley & Barbara
Phillips
Potter, Roberta
Rodrigues, Bob & Marsha
Schurian, Barbara & David
Walker, Ace & Heathy
Webster, Richard & Rose Ann
Rowlett
Williams, Mike & Cecil
Wright, Kenneth & Dixie

Friend:

Algots, Jim
Anderson, Carl
Barfield, Travis
Bowen, Bonnie & Rolf Koford
Brown, Wynne
Celaya, Tony & Jane
Chamberlain, Rick & Cleo
Esser, Patricia & Wolfgang

Fackleman, Bud & Kate
Gates, Larry & Terrie
Harrison, Wayne & Karen
Hillyard, Myrna
Hirt, Paul & Jakse, Linda
Jenkins, Daniel & Elizabeth
Jenkins, Paula & Harry
Ridgway
Johnston, Penny
Labiner, David & Janis
Lawrence, Joseph & Diane
Marshall, Liz
McGuire, Bartley
McMillen, Steve & Mimi
Morgan, Terry or Karen Walz
Morse, Robert & Jeanne
Williams
Mozden, Barbara
Murphy, Kim
Pease, Ken & Marge
Quinn, Ronald & Barbara
Ellis-Quinn
Roark, Sonny & Quanah
Roser, John & Carol Comeau
Saucedo's Super Market
Schneider, Bill & Joy
Sloan, Alana & Bill
Spofford, Roger & Victoria
Stair, John & Barbara
Tollison, Addie
Vacariu, Kim & Lorraine
Titus
Wallace, Donald & Judith
Waser, Nick & Mary Price
Winkler, Rich & Mary
Yeomans, Harry & Jo

Donations made in memory of:

Jerry Parks
Bobbie Tollison
Penny Johnston
Bob Morse
Guy Miller
Raymond Mendez (Ray's Dad)

Donations made in honor of:

Tony & Rene Donaldson

Donor:

Abbott, Peg
 Addison, Elizabeth & H.H.
 Dozier
 Anderson, Carolyn & Sandy
 Thompson
 Arzoumanian
 Ash, George
 Beltran, Pete & Norma
 Calhoun, Gwendolyn
 Chew, Bob & Alice
 Childress, Gloria
 Closs, Roger
 Deiss, Eugene & Kathryn
 Denison, Teri
 Dutch, MH & Cherie Salmon
 Esmail, Ashraf
 Faltum, Beatrice
 Flanney, Alberta
 G A Consulting
 Griffith, Loe
 Griffiths, Russ & Gretchen
 Haney, Clark & Jo
 Hanner, Terry & Jane
 Harvey, Scott & Ann
 Heller, Russell

Hokett, Anson & Judith
 Jensen, Charles & Joan
 Ludwig, Marilyn
 May, George & Lynn
 McCorkle, Richard & Mary
 Belle
 Miller, Floyd & Kathy
 Moe, Mel & Rebecca
 Osgood, Charles T
 Owens, Pat
 Parks, Cathryn
 Perington, Lamont & Barbara
 Redding, Dick & Nancy
 Schatz, Joyce
 Scott, Teresa
 Shaeffer, Ann & Jill Stouffer
 Smith, CF & Lorna
 Spivey, Nancy & Raymond
 Statton, David & Lauren
 Tomberlin, Barney
 Traer, Marcia
 Vessels, Gordon & Cheryl
 Waldrip, Steven
 Wallace, Donald & Judith
 Wilbur, Bill & Chris
 Woods, Charles & Karen

Donations of Goods and Other Services Made by:

Mylan Specialties – Epi-pens
 Bill Walters/Umphres Propane
 Rodeo Market & Café
 Greg Wayman
 Cecelia Hessler
 Bill Reinbold
 Birder's B&B
 Barbara Miller
 Portal Café
 Cave Creek Ranch
 Marge Fagan
 Lauren Stanton
 Chris Rogers
 Chiricahua Desert Museum
 Fred & Pat Espenak
 Rodeo Tavern
 Terry Miller
 Vicki Davis
 Roger McKasson
 Stevie Wayman
 Dr. Michael John
 Pete Miller

If your name is not on the list and you have made a donation to Portal Rescue PLEASE let me know. I go through the records several times before printing the donor list but there can be errors. I apologize in advance.

Jackie Lewis, 558-2287, Treasurer, pro tem & editor

How to prevent the spread of the flu virus

If you or your children have symptoms, you should stay home.

Wash hands regularly or use sanitizing gel when soap and water are not available.

Cover your cough or sneeze. Don't forget to wash your hands.

What to do if you get the flu

Stay home, rest and get plenty of fluids.

Most people get better in a few days, and in some cases up to two weeks with rest and fluids.

Contact your primary care provider if:

you have a fever over 101 degrees F that lasts more than 3-4 days,

you are extremely dizzy

you cannot consume fluids for more than 24 hours

Call 9-1-1 if an ill person has trouble breathing, act confused or incoherent or has a seizure.

Information from the Pima County Health Department

17th Annual Soup Kitchen

11:30 a.m. to 1:30 p.m.
Monday, February 11
Tuesday, February 12
Wednesday, February 13

In the Portal Rescue Classroom

\$7.00 buys you
2 delicious bowls of
homemade soup,
2 choices of bread,
1 dessert and beverages.

Join the FUN in this Portal Rescue FUNdraiser!!



3rd Annual Portal Rescue Health Education Day

Will be held mid to late spring this year. Please watch for flyers and notices on the website and by email.

Portal Rescue Board Meetings

Are held in May, July, September, and December.

All active and community members are invited and encouraged to attend.

Date and time may vary – please check calendar at www.portalrescue.com

Portal Rescue Annual Meeting

Wednesday, March 20
6:00 p.m.

At Portal Rescue Classroom

All Active Members are requested to attend. You will be voting for four Active and 3 Community Board members.

Community members are invited to attend. You will vote for 3 Community Board Members. .

We will review 2012 Budget and highlights and present the 2013 Budget.

Refreshments following the meeting.

Portal Rescue Hosts Chiefs Meeting **Wednesday, November 20**

Volunteers for set up, cooking, serving and clean up accepted!

Sorry it's not more -
you're doing great
work!

We used to live in
Paradise.

We're always grateful
to see to see those
friendly faces of our
neighbors come to
rescue us in our
disasters!

Good for Portal Rescue!

**Portal Rescue
P.O. Box 16331
Portal, AZ 85632**

Thank you for all you do! Thanks so Much!! Thank you! Thanks!

Appreciate what you all do! Thank you for all your good work!

Thanks for helping save my life twice!! Thanks to all for your hard work!

It was great to have Portal Rescue on hand to take me to the hospital.

Wish we could afford to donate more.

Yes, I want to help

Here's my tax-deductable* donation of:

*Please consult your tax advisor.

| | | | | | |
|---------------|---------------|----------------|-------------------|----------------|--------------|
| \$80 | \$150 | \$300 | \$500 | \$1000 | Other |
| Friend | Patron | Sponsor | Benefactor | Steward | |

Please make checks payable to PORTAL RESCUE, Inc.

Mail to: Portal Rescue, Inc., PO Box 16331, Portal, AZ 85632

Name: _____

I wish to remain anonymous. (Please circle: Yes or No)

Address: _____

Phone: (____) _____

Email Address: _____

(for meeting minutes and announcements)